

CAHILL ORTHOPEDIC SPORTS MEDICINE AND JOINT REPLACEMENT

Expert Orthopedic Care in Hackensack

With a calm and relaxed demeanor, DR. JAMES W. CAHILL immediately sets patients at ease. In practice almost 20 years, Dr. Cahill takes a very personal and individualized approach in his practice of orthopedic sports medicine and joint replacement.

When asked why he chose an orthopedic specialty, Dr. Cahill contributes two childhood interests that helped him segue into this career path – his experience with first aid as a lifeguard and his competence with mechanics. Now a board-certified orthopedic surgeon, Dr. Cahill attended undergraduate school at The Johns Hopkins University and medical school at Columbia University College of Physicians and Surgeons. He is fellowship-trained in orthopedic sports medicine from The Hospital for Joint Diseases Orthopaedic Institute. “What means the most is the interpersonal aspect of my work. I now see children of some of my former patients which means I have come full circle with

many families,” says Dr. Cahill. “I personally work with each patient and spend as much time as needed. Seeing patients through a difficult and often painful time in their lives and helping them return to their work and previous levels of health is more than rewarding.”

Dr. Cahill has a particular expertise in orthopedic sports medicine, arthroscopic shoulder and knee ligament repair/reconstructive surgery and treatment of complex cartilage injuries using advanced techniques and technology, and joint replacements. He is at the forefront of research for the treatment of cartilage injuries and restoration. An advocate of using a nonsurgical approach whenever possible, he employs techniques that control discomfort when surgery is unavoidable. “Although surgery is a last resort, it is sometimes the right approach. Surgical techniques have certainly advanced considerably in the past several years. I see the case through from pre- to post-operative care and

work closely with my patients achieving excellent levels of satisfaction,” explains

Dr. Cahill. Dr. Cahill's private practice is proudly affiliated with Hackensack University Medical Center where he serves as a senior attending physician. His professional office staff and state-of-the-art fully digitalized integrated facility immediately makes the patient experience easy and comfortable. Patients are offered the opportunity to book appointments conveniently online through cahillorthopedic.com or ZocDoc.com.

Selected as a Castle Connolly Top Doctor, Dr. Cahill has been board-certified since 1999 and has lectured in his area of specialty in complex cartilage injuries. His big heart and strong awareness of doing good for others has led to his pro bono work and support of veterans returning from Afghanistan and Iraq as well as several of the religious orders in the area.



James W. Cahill, MD, FAAOS, Founder,
President and CEO of Cahill Orthopedic.

DR. JAMES W. CAHILL
Cahill Orthopedic Sports Medicine and Joint Replacement

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